

# TOGETHER WE GO FAR **5 YEARS OF THE DUBAI STUDENT WELLBEING CENSUS**

**ABOUT THE CENSUS** 

FINAL YEAR OF A 5-YEAR JOURNEY



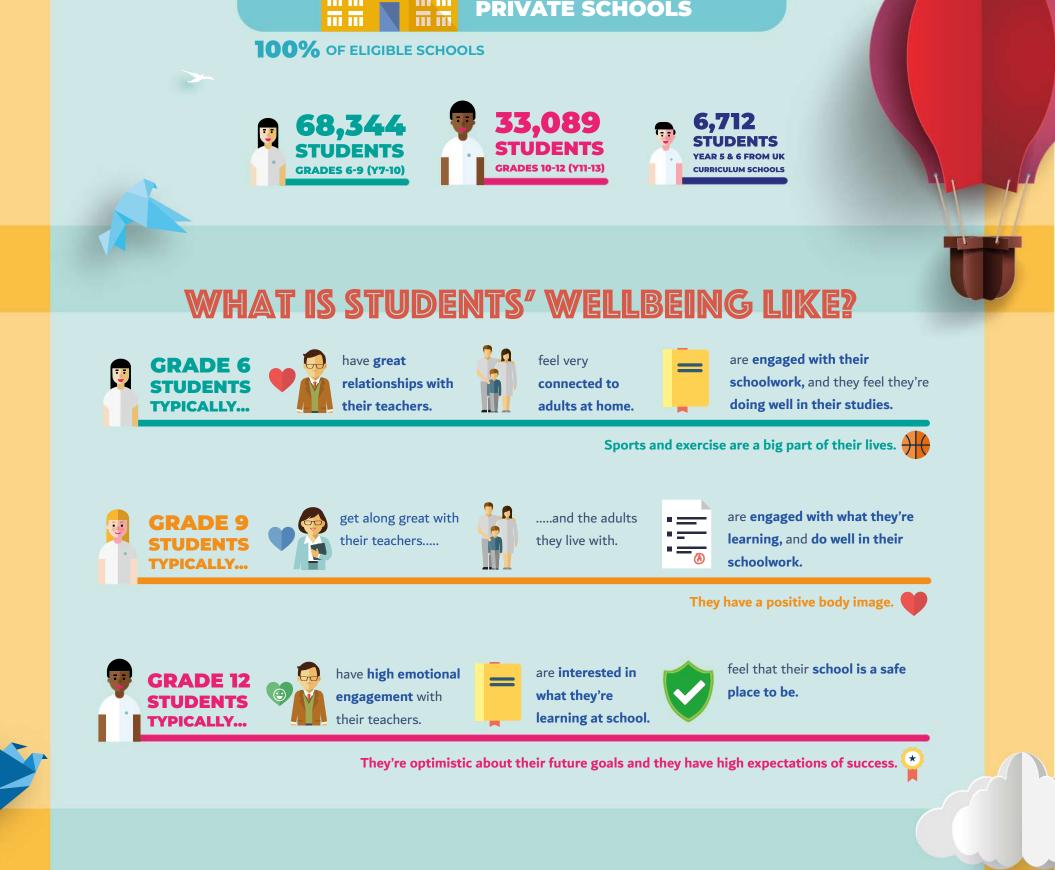
ONE OF THE WORLD'S LARGEST CROSS-CULTURAL STUDIES **ON STUDENT WELLBEING** 

### **WHO TOOK PART?**



**86%** OF ALL ELIGIBLE STUDENTS HIGHEST EVER PARTICIPATION

0 189 DUBAI



#### **HOW CAN STUDENTS' WELLBEING IMPROVE?**



Many Dubai students, regardless of age, say they don't sleep enough.



Students across all grades also say they worry about things that are going on in their lives or the world around them.



Typically, the older students are, the less sleep they get. Helping them get more sleep would improve their wellbeing even more.



Overall, a big high five to teachers and parents for supporting their students and children.

## **ACROSS ALL FIVE YEARS OF THE CENSUS, STUDENTS' WELLBEING IMPROVED OR STAYED HIGH:**



Students felt their school is a positive place to be.



In 2017, **78%** of students in Grades 6 to 9 agreed that people at their school were treated respectfully and helped each other. By 2021, it was 85%.



For the last five years, students in Grades 6 to 9, have consistently felt connected to adults at their school.



87% of students connected with at least one adult at their school throughout the years of the Census.



For the last four years, **82%** of students in Grades 10 to 12 have consistently said they **felt optimistic** about life.



Over the years, 88% of students in Grades 10 to 12 have continued to report they felt a sense of belonging to their friendship groups.



More than 78% of students in Grades 6 to 9 ate breakfast regularly during the period of distance learning...



...decreasing to 70% when schools went back in 2021.

STUDENTS REPORTING HIGH OR MEDIUM LEVELS - (applicable to all items in this page)



Dubai's school community is ready for the next part of the wellbeing journey! We'll continue working with students, educators, parents and school staff to improve wellbeing for all.

#### BECAUSE WELLBEING IS NOT JUST FOR EDUCATION; WELLBEING IS FOR LIFE.

